



June was a vibrant month at ANK, marked by mindful learning, personal growth, and inspired action. Our centers came alive with activities that nurtured academic curiosity, emotional intelligence, environmental consciousness, and digital literacy.

Students explored nature in science sessions, found balance through yoga, and learned essential safety skills—experiences that instilled lifelong values. Life skills workshops encouraged self-reflection, while computer and digital marketing classes prepared them to navigate a changing world with confidence.

The month also saw meaningful collaboration between parents and facilitators during our regular Parent-Teacher Meetings, strengthening the support system around each child. Special career talks ignited aspirations in our senior students, encouraging them to dream big and plan boldly for the future.

With every hands-on activity, thoughtful discussion, and shared story, June underscored the transformative power of holistic education. At ANK, we remain deeply committed to creating nurturing spaces where young minds grow in all directions—toward knowledge, empathy, innovation, and resilience.

Thank you for being a part of our journey and for believing in the power of education to shape a brighter, more inclusive future.

Abhishek Kishore
Founder, ANK

World Environment Day



At ANK centers, World Environment Day was celebrated alongside our students with enthusiasm, creativity, and a shared sense of responsibility toward the planet.

The theme, *Beat Plastic Pollution*, inspired a day full of engaging, student-led initiatives aimed at building environmental consciousness and responsibility.

Our young changemakers poured their enthusiasm into thought-provoking poster-making activities, where vibrant visuals and bold slogans echoed powerful messages like

“Say No to Single-Use”
“Plastic-Free is the Way to Be”

Students also participated in slogan-writing, awareness talks, and interactive sessions focused on the harmful effects of plastic and the importance of sustainable living.

From meaningful discussions to hands-on demonstrations of waste segregation, every activity served as a reminder that small actions can lead to big impact. The atmosphere was charged with hope and determination as students pledged to reduce plastic usage in their daily lives.

*One Poster.
One Slogan.
One Step Closer
to a Greener Planet*



International Yoga Day

Breathe. Balance. Bloom

On June 21st, ANK Centers radiated calm and focus as we celebrated International Yoga Day with our students and beneficiaries. The atmosphere transformed into one of serenity and self-discovery, where learning took a mindful turn and focus shifted inward.

The day began with yoga session, where children actively participated in performing various *asanas*, breathing exercises, and laughter yoga—each movement a step toward strength, flexibility, and inner peace.

Adding a creative touch, students also presented a short role-play performance that illustrated the benefits of yoga in everyday life—from managing emotions to staying focused in school. The performance was both inspiring and insightful, leaving the audience smiling and thoughtful. The celebration continued with fun yoga-themed games, poster-making, and reflective discussions on how yoga promotes not just physical health but also emotional balance and mental clarity.

It wasn't just a day of poses—it was a day of connection, self-care, and awakening. Through each stretch and story shared, students learned that true strength often begins with stillness.



Standing Against Child Labour



World Day Against Child Labour

On June 12, ANK observed the World Day Against Child Labour with thoughtful engagement and awareness-building activities. Through interactive discussions, storytelling sessions, and creative expression activities like poster-making and slogan-writing, our students learned about the importance of education, child rights, and the harsh realities faced by millions of children forced into labor. The session aimed to instill empathy, critical thinking, and a sense of social responsibility in our young learners. Students were encouraged to speak up, ask questions, and reflect on the value of their own education. With visuals and real-life examples, facilitators helped them understand that childhood is meant for learning, growing, and dreaming freely—not working under burden.

It was a day not just of awareness, but of empowerment—reinforcing the idea that "Every child deserves a book in their hand, not tools for labour." Together, we pledged to be informed, compassionate, and committed to a future where every child is free to learn and thrive.

***Let children be children,
not workers. Their
dreams belong in
classrooms, not on
factory floors.***



Self-Awareness & Emotions



At ANK, nurturing emotional strength is an important part of shaping confident and well-rounded individuals. In our recent Life Skills session, students explored the foundational concepts of Self-Awareness and Emotional Intelligence—learning to understand, manage, and express their emotions in healthy ways.

To make the session engaging and age-appropriate, children took part in the “Emotion Tree” activity, where they identified different emotions they feel during school or at home. Using colorful paper leaves, they wrote or drew their emotions—like happiness, anger, sadness, or excitement—and placed them on a large tree mural.

This simple yet impactful activity encouraged self-expression, emotional naming, and empathy, as students realized they weren’t alone in how they feel.

The session also included fun games, guided reflection, and storytelling to help children recognize their strengths, appreciate their uniqueness, and practice self-love. Through open sharing and encouragement, students took small but important steps toward becoming emotionally intelligent individuals.

By helping our young learners understand themselves better, we’re giving them the tools to grow up with confidence, kindness, and emotional strength.

***Self-awareness is not
taught in books—it’s
grown in safe, caring
spaces***



Healthy Habits Start Young

At ANK, we believe that good habits built early lead to brighter, healthier futures. This month, our young learners participated in an engaging Health & Hygiene session, where they discovered the importance of staying clean through fun, hands-on activities designed just for them.

The session focused on basic daily hygiene practices—like proper handwashing, brushing teeth, keeping nails trimmed, and wearing clean clothes. Using colorful storyboards, action songs, and simple demonstrations, children learned why hygiene matters and how it helps keep them strong and sickness-free.

One of the highlights was a handwashing activity, where children practiced the correct steps to wash their hands using soap and water. Catchy rhymes like “Top and bottom, in between—keep your hands nice and clean!” made learning memorable and fun.

Through cheerful participation and positive reinforcement, the children walked away with practical knowledge and a new enthusiasm for keeping themselves clean and healthy—both at school and at home.



*When children learn to
care for themselves,
they grow with
confidence and pride*



Prepared to Protect: Learning Safety Skills Together



This June, students were introduced to one of the most important life lessons—how to stay calm, alert, and prepared during emergencies. Through an engaging awareness session on Emergency Preparedness, children were guided on what to do if faced with situations like fire, injury, or natural disasters.

The session included simple, age-appropriate demonstrations such as understanding the importance of emergency helpline numbers, knowing the basics of first aid, and identifying safe spots during a crisis. To make it more interactive, children participated in mock drills like safe exit lines during a fire and practiced responding to different emergency signals.

Visual aids, question-answer games, and storytelling helped young learners absorb the information with ease. More than just memorizing steps, they gained the confidence to act wisely if ever faced with a real emergency.

The session served as a powerful reminder that awareness is the first step to safety—and even the smallest child can become a strong, informed responder when equipped with the right knowledge.

A calm mind and a prepared heart can face anything



Strengthening Bonds Through PTMs

At the heart of every child's success lies a strong support system—and our Monthly Parent-Teacher Meetings (PTMs) are a vital part of nurturing that foundation. These regular interactions serve as a meaningful platform for open dialogue, allowing educators and parents to come together with a shared vision: the holistic development of each student.

Each PTM is more than a progress update, it's an opportunity to celebrate achievements, acknowledge efforts, and collaboratively address areas of growth. Educators share insights into academic performance, class behavior, and skill development, while parents contribute valuable observations from home, creating a well-rounded picture of the child's progress.

The emphasis on two-way communication fosters trust, transparency, and teamwork, ensuring that children feel supported in both their academic and emotional journeys. By aligning expectations and strategies, these sessions empower students to reach their full potential in a nurturing and inclusive environment. Parents have consistently expressed appreciation for the individual attention their children receive and the commitment shown by educators. Together, we reaffirm that education is most effective when families and teachers walk the path as partners. These meetings also encourage parents to take an active role in their child's learning journey, reinforcing the idea that education is a shared responsibility.

*When schools and
families join hands,
students build wings*

With Love and Gratitude: Celebrating Mothers Day

ANK Learning Centers celebrated Mother's Day with joy and warmth, honoring the unconditional love, care, and strength of mothers. The event aimed to strengthen bonds between children and families while nurturing values like gratitude, empathy, and respect. Children expressed their love through handmade cards, songs, and performances. They shared poems, stories, and messages, highlighting the special place mothers hold in their lives. Fun, interactive activities added a creative spark, helping students express genuine affection.

Teachers highlighted the role mothers play in a child's growth and development. The celebration created a joyful atmosphere filled with smiles, laughter, and meaningful moments.

This special day created lasting memories and deepened students' understanding of family values – reinforcing the foundation of love, respect, and connection at ANK.



*Every child is a seed,
mother's love is sunlight,
that helps them bloom!*



From Click to Create: Inserting Animals into Word Doc

This month's computer class offered students a delightful mix of technology and animal knowledge. Young learners explored the world of animals while building essential digital skills through a hands-on session using Microsoft Word.

Students were taught how to search for animal pictures safely, insert images into a Word document, and label them with simple facts. From lions, elephants to butterflies and penguins, each child chose their favorite animal and created a personalized digital page that combined creativity with computer literacy.

Students learned how to resize pictures, add text boxes, and even apply basic formatting techniques like borders, colors, and fonts—turning a simple document into a fun and educational poster. The session not only improved their confidence in using MS Word but also encouraged them to express their ideas visually, making the learning both interactive and enjoyable. It was exciting to see how technology helped bring their curiosity to life, one animal at a time!



Technology is a tool in the hands of young minds to explore the world



Unlock SEO Skills in Digital Marketing Class

As part of their Digital Marketing class, students were introduced to the fundamentals of Search Engine Optimization (SEO) through hands-on workshop. Under expert guidance, they explored how to optimize websites for better search engine performance, gaining real-world skills in the process.

The session covered essential SEO elements including keyword research, on-page optimization, meta tags, and structuring content for clarity and relevance. Students also learned how user experience and website performance impact rankings—building not just theoretical knowledge but applicable expertise.

By working on live websites, learners experienced the direct impact of their optimizations, making the learning both immediate and meaningful. The excitement was clear as students saw how strategic changes could improve visibility, drive traffic, and enhance overall web presence.

This session not only boosted technical proficiency, but also encouraged creative thinking and problem-solving—equipping students with tools essential for today's digital careers. The confidence gained through this experience is already paving the way for future success in the online world. Students also explored how to analyze website performance and identify areas for SEO improvement using simple, easy-to-understand techniques. This hands-on learning approach helped bridge the gap between theory and application, giving students the confidence to tackle real-world digital challenges.

In the digital age, visibility is victory and knowledge is the key to being seen



Building Communication Skills Through Storytelling

At ANK Centers, communication took center stage during a powerful storytelling activity designed to sharpen both language skills and life perspective. Students engaged with the animated short film “Never Give Up”, a heartfelt tale that highlighted the power of persistence, determination, and resilience in the face of challenges.

The session was crafted to enhance key communication abilities—including listening, speaking, writing, and comprehension—through immersive storytelling. After screening of a film, students were encouraged to summarize the story in their own words, helping them practice information retention, clarity of thought, and creative expression. A reflective discussion followed, where students openly shared their personal takeaways, linking the message of the film to their own experiences.

These open reflections not only deepened emotional understanding but also nurtured empathy, self-confidence, and public speaking skills.

The atmosphere was warm, encouraging, and collaborative—empowering students to express themselves freely and meaningfully. Many participants shared that the session didn’t just strengthen their English language skills, but also inspired them to approach life’s hurdles with renewed motivation and hope.

Trainers praised the children for their enthusiasm, authenticity, and thoughtful insights—underscoring how storytelling can be a powerful bridge between language learning and emotional growth.



Every story shared is a step toward confidence, connection, and growth

Inspiring Futures: Career Awareness Session



*Inspiration is the spark;
knowledge is the path.
Together, they light the way
forward*

A dynamic career awareness session was recently conducted at the ANK Sarhau Center, bringing with it a wave of inspiration and direction for our students. The session was thoughtfully facilitated by the CSR team of Crest Digitel Pvt. Ltd., led by the insightful Ms. Annesha Das and Ms. Nidhi Kulshrestha.



With clarity and enthusiasm, the team introduced students to careers in law and company secretarial roles, breaking down essential qualifications, future opportunities, and the real-world relevance of financial literacy and women's rights.

One of the most memorable moments was the interactive "Listen and Pick" game, which not only energized the room but also sharpened focus, encouraged collaboration, and filled the center with laughter and learning. Students expressed heartfelt appreciation, with one sharing, "It was not just informative but truly motivating. I now see law as a real option for my future." Educators observed a noticeable boost in student curiosity and confidence, while the visiting CSR team applauded the learners' energy, discipline, and eagerness to grow.



This session stands as a strong reminder that when exposure meets guidance, futures begin to take shape.

Circle Time Magic: Interactive Learning at ANK



Play is the work of childhood and every game teaches something great

In ANK Center, learning and laughter came together during a joyful Circle Time activity, designed to make learning feel like play. This month's theme was centered around Jigsaw Puzzles—a creative way to encourage problem-solving, teamwork, and critical thinking in young minds.



As students gathered in a circle, they explored different puzzle sets that challenged them to match, connect, and collaborate. Each piece wasn't just part of a picture—it was part of a larger learning journey. With every puzzle they completed, students unknowingly developed focus, patience, and communication skills, while reinforcing concepts like shapes, animals, letters, and more.



This interactive format turned routine learning into a fun and meaningful experience, where students learned to listen to one another, share ideas, and celebrate small victories together. The joyful atmosphere helped boost self-confidence and encouraged active participation in a relaxed, friendly setting.

Circle Time continues to be a favorite moment at the center, not just for the fun it brings, but for the important life skills it helps cultivate—one piece at a time.



JOIN US IN MAKING THE DIFFERENCE

Imagine the impact we can create together! ANK invites you to join us as a CSR partner in our mission to transform communities. By aligning our visions, we can drive change in education, healthcare, nutrition, and social welfare. Join hands with us to build a brighter future. Let's innovate, collaborate, and make a lasting difference.



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